COURSE OUTLINE: Barber

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TEXTBOOKS: Professional Textbook of Barbering-Styling

Standard Theory Workbook & Standard Practical Workbook

COURSE DESCRIPTION:

This course is designed to introduce the lay person to the science of Barbering through theoretical training and practical application designed to instill good work habits, ethics, good grooming, and professionalism. Skills related to the field of Barbering are introduced, fine tuned, and polished so that upon graduation the student is at an entry level of acceptable performance in the business world of Cosmetology.

COURSE FORMAT:

Classes are taught on a five day a week schedule. Theory classes are conducted every day, along with practical application every day. Classes are taught by lecture, demonstration, audio visual aids, and live "hands on" participation by all. Some of the teaching methods used are question and answer, note taking, role play, discussion and project assignments.

COURSE GOALS:

I. Florida Law

- A. **Objective:** To present an overview of Barbering law and rules and regulations in relation to consumer protection for both health and economic matters.
- B. Learning Objectives:
 - 1. To define the rulemaking authority of the Barbers' Board;
 - 2. To define the limitations of the authority of the Barbers' Board;
 - 3. To understand the qualifications for licensure;
 - 4. To understand the procedures and context of examinations;
 - 5. To comprehend the requirements for Barber Shops and inspections;
 - 6. To be aware of the disciplinary procedures and penalties for violations of chapter 476, Florida Statutes;
 - 7. To understand the complaint procedures for violations of Chapter 476, F.S. or the rules promulgated pursuant thereto;
 - 8. To understand the definitions as used in Chapter 476, F.S.
 - 9. To understand the requirements through rules and regulations for license renewal:
 - 10. To know the fees and their disposition.

C. Hours Required: Nine (9)

II. Sanitation and Sterilization & Aids Awareness

- A. **Objective:** To use chemical agents and ultraviolet rays to sanitize implements and equipment in the shop and promote and protect good health in the community.
- B. Learning Objectives:
 - 1. To define terms and to describe and clarify bacteria in relation to its growth and reproduction and its relation to the spread of disease;
 - 2. To describe five (5) methods of sanitation;
 - 3. To describe the various agents used to prevent the spread of disease;
 - 4. To describe measures used to sanitize service areas.
 - 5. To learn about the spread and control of the aids virus.

C. Performance Objectives:

- 1. To effectively sanitize the Barber's implements promoting good health;
- 2. To sanitize necessary equipment in the shop to prevent the spread of disease.
- D. Hours Required: Sixty four (64)

III. Facials

- A. **Objective:** To gain information and knowledge to give a facial massage treatment using cosmetics properly in protecting the client from significant damage.
- B. Learning Objectives:
 - 1. To explain the structure and function of skin;
 - 2. To describe diseases of the glands;
 - 3. To recognize lesions;
 - 4. To describe basic facial massage movements;
 - 5. To recognize and define the various types of corrective facials;
 - 6. To describe cosmetics used and the purpose of each;
 - 7. To understand the purpose and effects of muscle toning;
 - 8. To describe the benefits and nature of light therapy.

C. Performance Objectives:

- 1. To use the materials and equipment required in giving facials;
- 2. To perfect procedures and manipulations;
- 3. To use the proper steps and safety precautions in giving facial treatments for varied types of skin.
- D. Services Required: Fifteen (15) Hours Required: Twenty Six (26)

IV. Hair Cutting, Tools, Implements, & Equipment

- A. **Objective:** To use hair shaping implements and supplies in cutting the client's hair in a requested style(s) in specific times between 15 to 30 minutes.
- B. Learning Objectives:
 - 1. To be able to describe hair shaping implements, their uses and cutting movements:
 - 2. To explain the differences between razor and scissors shaping;
 - 3. To take growth patterns, facial features, various hair textures, finished style and other factors into account before cutting.

C. Performance Objectives:

1. To give blended basic, low, medium and high elevation wet razor cuts and scissors shaping; insuring top, sides and back are even without holes, gaps or steps, and that top horseshoe blends with sides and back and front outline sideburns are even and clean shaven.

2. To give a tailored neckline on dry hair;

- 3. To perform a tapered cutting;
- 4. To perform slither (effilating) cutting;
- 5. To blunt cut wet hair (razor and scissors);
- 6. To section hair and analyze head form in preparation of a finished

professional

and

in

D. Services Required: Three Hundred (300) Hours Required: Three Hundred Seventy (370)

V. Scalp Treatments and Hair Care Rinses

A. **Objective:** To provide a beneficial service of stimulation to contribute to a healthy scalp and to select a specific treatment that will improve the appearance of a client's hair following proper safety precautions in the application procedure.

B. Learning Objectives:

1. To describe the benefits of scalp manipulations;

2. To explain when scalp manipulations can and cannot be given;

3. To become aware of the physical and chemical actions that damage hair;

4. To describe the use of proteins in treating the hair;

5. To clarify and describe different types of conditioners;

6. To define temporary hair coloring;

7. To describe the advantages and disadvantages of temporary colors.

C. Performance Objectives:

1. To give a scalp treatment using physical manipulations if stimulation;

2. To assess hair damage and choose the appropriate conditioners;

3. To select and apply temporary color rinses according to the client's desire and need:

D. Services Required: Thirty (30) Hours Required: Forty One (41)

VI. Shampooing and Rinses

A. **Objective:** To use shampoo supplies and chemicals in cleansing the scalp and hair preparation for additional shop services.

B. Learning Objectives:

- 1. To describe the physical and chemical actions of shampooing;
- 2. To describe the effects of various types of shampoos and rinses and their purpose;
- 3. To describe the contents and characteristics of specific kinds of shampoos;
- 4. To identify appropriate products for conditioning the client's hair and scalp;
- 5. To recognize scalp and hair disorders and diseases and suggest corrective measures.

C. Performance Objectives:

- 1. To cleanse the scalp and hair using various methods;
- 2. To perform scalp manipulations in shampooing;
- 3. To analyze scalp and hair to determine proper shampoo;
- 4. To identify types of rinses and the purpose of each;
- 5. To use proper rinsing techniques.
- D. Services Required: Three Hundred (300)

Hours Required: Fifty Eight (58)

VII. Hair Styling

A. **Objective:** To arrange a client's hair into a style of the client's choice through the development of dexterity, coordination and strength in creating designs and patterns in the hair.

B.Learning Objectives:

- 1. To describe the parts of a fingerwave and identify waves, shaping and styling;
- 2. To identify the setting and combing implements used to style hair;
- 3. To identify hairstyling terms and define parts of sculpture (pin) curls, their shapes, variations and strengths;
- 4. To describe the basic principles used to decide correct roller diameter in relationship to hair length and define inside and outside movement of

hair;

of

- 5. To explain the purpose of stem roller placement;
- 6. To understand and identify the facial and head features in creating an illusion an oval shape;
- 7. To characterize the common profiles in relation to styling a client's hair;
- 8. To understand other distinctive physical characteristics in determining the hair style:
- 9. To describe the history of and kinds of thermal implements and supplies used today:
- 10. To understand the variety of hairpieces and their uses.

C. Performance Objectives:

- 1. To part off styling sections of the head;
- 2. To set and comb alternating rows of horizontal and vertical fingerwaves;
- 3. To set and comb sculpture (pin) curls in varied movements in various sections of the head:
- 4. To set and comb roller curls in different patterns in various sections of the head:
- 5. To curl hair with thermal irons using varied techniques;
- 6. To clean, condition, shape, color and style various types of wigs and hairpieces.

D. Services Required: Two Hundred (200)

Hours Required: One Hundred Thirty Eight (138)

NOTE: Sets, styles, wigs, hairpieces, and thermal work shall be credited individually to services required.

VIII. Hair Coloring

A. **Objective:** To change client's hair color through the use of semi-permanent, permanent, and lightening products following proper steps to safeguard the client in giving the desired service.

B. Learning Objectives:

- 1. To discriminate between primary, secondary, tertiary, complementary colors;
- 2. To understand the nature of light in relation to color services;
- 3. To define the hair coloring terms and chemicals to be used;
- 4. To describe the chemical effects on the hair;
- 5. To identify the seven stages of hair lightening
- 6. To identify the toning colors;
- 7. To describe the special techniques and procedures used in achieving the color or lightening service for the client following acceptable safety precautions;
- 8. To understand the mixing of chemicals, their advantages and disadvantages;
- 9. To evenly apply a semi-permanent color using proper safety precautions;
- 10. To follow label directions using proper safety precautions in applying a permanent hair color to the client's hair;
- 11. To use safety precautions and follow label directions in applying virgin and a bleach retouch;
- 12. To describe the steps in achieving special lightening effects.

C. Performance Objectives:

- 1. To select, prepare, and apply semi-permanent colors;
- 2. To test hair for metallic salts;
- 3. To select, prepare, and apply a virgin tint to lighten or darken hair;
- 4. To select, prepare, and apply a tint retouch;
- 5. To select, prepare, and apply a virgin bleach;
- 6. To select, prepare and apply a bleach retouch;
- 7. To streak, frame, frost, and paint the hair using lightening techniques;
- 8. To properly select, prepare and apply hair for a tint back to its original color, either lighter or darker.

D. Services Required: Twenty Five (25) Hours Required: Seventy Six (76)

IX. Chemical Waving and Relaxing / Straightening

A. **Objective:** To use professional chemicals and implements in waving and relaxing the hair to make it more manageable and durable for the client between styles.

B. Learning Objectives:

- 1. To use safety precautions and follow manufacturers directions in curling the hair with chemicals;
- 2. To describe the effects of chemical waxing, the basic chemicals used, to contrast the comparison of pH, the cost factors, the methods of giving acid exothermic and endothermic waves;
- 3. To properly analyze hair prior to giving a chemical service;
- 4. To understand the physical and chemical effects on the hair;
- 5. To describe the difference between a base and no-base relaxer;
- 6. To identify safety precautions and chemicals used in chemical relaxing and straightening services;

bleach

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C.Performance Objectives:

- 1. To analyze the hair and properly select, prepare, and apply lotion and rods;
- 2. To section (block) and subsection the hair and wrap it on wave rods;

3. To properly process (timing) and neutralize waves;

- 4. To subsection, wrap, process, and neutralize for both long and short hair styles;
- 5. To properly select, prepare, and apply a base and no-base chemical relaxer to virgin hair;
- 6. To properly select, prepare, and apply a base and no-base chemical relaxer for a retouch
- 7. To properly select, prepare, and apply a semi-relaxer for a chemical blowout service.

D. Services Required: Sixty (60)

Hours Required: One Hundred and Eighty Four (184)

X. Barber-Styling Shop

A. **Objective:** To understand professionalism, ethics, job skills, resume development, and job search. To understand the basic principles needed to plan and operate a Barber Shop as a successful business.

B. Learning Objectives:

- 1. To learn professionalism and ethics and the importance of this in the shop;
- 2. Develop good job skills including resume development and job search;
- 3. To describe considerations for a shop site and building;
- 4. To examine all factors involved in purchasing an existing shop;
- 5. To study lease terms and negotiations;
- 6. To describe the legal forms of ownership;
- 7. To become aware of shop insurance needs;
- 8. To understand factors involved in purchasing barber shop equipment and supplies;
- 9. To identify considerations involved in determining shop operating policies and techniques for interviewing prospective employees;
- 10. To understand basic accounting principles and the basic costs involved in planning and operating a barber shop.

C. Hours Required: Fifty Eight (58)

XI. Structure of Skin & Hair

A. **Objective:** To learn the layers of skin and hair in order to identify disorders and diseases.

B.Learning objectives:

- 1. Describe the structure and composition of the skin and hair.
- 2. Define the divisions of skin and hair.
- 3. List the functions of the skin and hair.
- 4. Discuss facts relating to hair growth, distribution and replacement.
- 5. Identify contagious skin and scalp disorders.
- C. Hours Required: Forty Seven (47)

XII. Shaving

- A. **Objective:** To use shaving implements and supplies in shaving the client's beard.
- B. Learning Objective:
 - 1. To define the objective of shaving and list the factors that should be taken into account before performing a shave,
 - 2. To be able to identify the fourteen shaving areas of the face,
 - 3. To learn how to hold and use all tools in a safe manner,
 - 4. To take growth patterns (grain of the beard), facial features, skin sensitivity, various hair textures, finished style and other factors into account before shaving.

C. Performance Objective:

- 1. To demonstrate the ability to handle the razor in four standard cutting positions and strokes,
- 2. Demonstrate a neck shave,
- 3. Demonstrate a facial shave.
- D. Services Required: Twenty five (25) Hours Required: Thirty five (35)

XIII. Mustache and Beard Trim

- A. **Objective:** To use implements and supplies in trimming and shaping the client's mustache and beard.
- B. Learning Objective:
 - 1. To explain the differences between razor and scissors and when each is used,
 - 2. To identify mustache and beard designs,
 - 3. To design a mustache and beard for different facial features,
 - 4. Determine the correct implements to use for certain mustache and beard designs.

C. Performance Objective:

- 1. To demonstrate a beard trim with shears, comb, and trimmer
- 2. To demonstrate a beard trim with clippers, comb, and trimmer.
- D. Services Required: Twenty five (25)

Hours Required: Thirty (30)

XIV. Chemistry

- A. **Objective:** To have a basic understanding of chemistry and how it relates to the various processes involved in Barbering.
- B. Learning Objective:
 - 1. Define Matter and the differences between organic and inorganic chemistry.
 - 2. Describe the composition of elements, compounds and mixtures.
 - 3. Describe the parts of an element.
 - 4. Discuss the four classes of compounds.
 - 5. Define physical and chemical changes in matter.
 - 6. Discuss the properties of matter, elements, compounds, and mixtures.
 - 7. Describe the chemistry of water.
 - 8. Define pH.
 - 9. Discuss chemistry as applied to cosmetics.
- C. Hours Required: Sixty four (61)

XV. Orientation

A. **Objective:** To welcome and acquaint new students to their new career and surroundings

B. Learning Objectives:

- 1. As a result of this course, students should expect to become licensed in this state to practice in this profession.
- 2. To explain the daily schedule;
- 3. To discuss professionalism and ethics and the importance thereof;
- 4. To discuss what is expected of students and what students should expect of us;
- 5. To show emergency exits for fast evacuation of the building;
- 6. Do's and don'ts (deportment, conduct, absences, dress code)
- 7. Describe telephone etiquette and protocol
- 8. Discuss logging students clock hours and intro to computer;
- 8. Explain monthly service sheets and accumulation of repetitions for graduation;
- 9. Issue textbooks and student kits and inventory kits;
- 10. Describe grading system, progress reports, checking grades on computer;
- 11. Explain student support services and how to utilize them;

C. Hours required: 3

COURSE EVALUATION:

Students will be evaluated by means of written theory and practical testing. These tests will be scored and graded and the grades handed out to each student as soon after testing as possible. An overall progress report will be completed on each student at 450 and 900 hours. Minimum passing grade during the entire program is 75%. The grading system is as follows:

95% - 100%	excellent	75% - 79%	passing
90% - 94%	good	74% and below	failing
80% - 89%	average		

ATTENDANCE:

Students are advised that this area is the one single most area, which will cause loss of interest, which in time will lead to student failure during the program. For this reason, students are cautioned to be alert to this area of weakness. We ask that students put their commitment to their education and career, above all other obstacles and problems! If students are unable to attend school, they are EXPECTED TO CALL with a legitimate valid reason. If students know ahead of time that they must be absent on a specific day, they are to inform the school of this absence. If the reason for absence is legitimate, the absence will be excused. If there is no "call in" or no legitimate reason the absence is unexcused. More then 5 unexcused absences in one month, constitutes grounds for termination. Decisions on excused or unexcused absences are made by the Director. All decisions are final.

REFERENCES:

- 1. The Prentice Hall Textbook of Cosmetology 2nd Edition
- 2. Student Guide to Prentice Hall Textbook of Cosmetology 2nd Edition

- 3. Lectures in Hair Structure and Chemistry for Cosmetology Instructors4. Standard textbook of Cosmetology

PERIODICALS:

- Modern Salon Magazine
 American Hairdresser Magazine
 National Beauty School Journal